



DAILY CAMP SCHEDULE

Thank you for registering your child for our soccer camp. Your son/daughter will enjoy three fun, soccer focused days in which they can expect to touch a football over **1000** times!

WHAT WE COACH:

- High repetition practices ingraining key soccer skills
- Progressive practices challenging the player under graded pressure
- Dynamic games encouraging fast, agile movements
- Sporting Champions: value winning but not at the sacrifice of friendship or fairness

DAILY SCHEDULE:

- Arrive from 09.45am to start at 10.00am
 - Collect at 15.00 (**Children must be signed in & out each day by parent or guardian**)

LOCATION:

- Amesbury school, Hazel Grove, Hindhead, GU26 6BL

TRAINING KIT

- Shin pads (children will **NOT** be allowed to play without shin pads)
- Football boots and or trainers
- - Lightweight jumper/light waterproof jacket/T- shirt/shorts (no pockets)/football socks/if cold weather, skins/gloves/hat may be needed.
- Suncream
- Any medical devices or treatments **MUST** be on site and given to coaching team

FOOD/SNACKS

- Water bottle
- Packed lunch
- Snacks for energy boost
- **PLEASE AVOID BRINGING FOOD CONTAINING NUTS**

If you have any questions please contact me via paulcookcoaching@gmail.com

