

# Fife Sea Kayak Club

## Health and Safety Policy Statement:

Fife Sea Kayak Club is strongly committed to encouraging our members to take part in all club activities; the health, safety and well-being of each individual member is our first priority. We recommend that members commit to undergoing training, and will support members in their own paddling development, to paddle safely as part of our peer group

## Health and Safety Policy:

To support our Health and Safety policy statement we are committed to the following duties:

- Undertake regular, recorded risk assessment of all activities undertaken by the club.
- Create a safe environment by putting health and safety measures in place as identified by the assessment.
- Ensure that all members are supported in receiving the appropriate level of training.
- Ensure that all members are aware of, understand and follow the club's health and safety policy.
- Appoint a competent club member to assist with health and safety responsibilities.
- Ensure that normal operating procedures and emergency operating procedures are in place and known by all members.
- Provide access to adequate first aid facilities at all times.
- Report any injuries or accidents sustained during any club activity.
- Ensure that the implementation of the policy is reviewed regularly and monitored for effectiveness.

## **AS A CLUB MEMBER YOU HAVE A DUTY TO:**

- Take reasonable care for your own health and safety and that of others who may be affected by what you do or not do.
- Co-operate with the club on health and safety issues.
- Correctly use all equipment provided by the club.
- Not interfere with or misuse anything provided for your health, safety or welfare.

Dave Wishart  
**Club Secretary**